



Wednesday, March 18, 2020

Each day, we are living through the throws of rapid change and response. As a community of faith, we want to ensure you are well and are supported through these days.

Caring for our Kupuna (#CoronaKindness)

Our staff have been calling all of our kupuna to check in and share vital information regarding CUC. One of the unique opportunities that has popped up is a warm lunch! Miss Kat, our Preschool Chef, is creating delightful meals. If you are hungry, or know a kupuna that would enjoy an extra meal, we would love to provide that! With the concern of the kupuna being out and about, we want to ensure that we can deliver the food to them. So, if you would like a meal, please email david-rivers@centralunionchurch.org. If you would like to deliver a meal, email Pastor David as well!

Spiritual Formation

Did you know that we have our own YouTube channel? In the days to come, the pastoral staff will add to this channel with thoughts and ways to engage your faith! Check it out at the link below:

<https://www.youtube.com/channel/UCvv6kC8EkFLrRsQR3iuUBmA>

Or explore the daily devotionals here.

<https://centralunionchurch.org/march-18-2020/>

Campus' Closed

Just as a reminder, our campus' in town and windward are closed. In the attempt to help 'flatten the curve,' all activities are suspended until further notice.

Get Outside!

Perhaps it is a good moment to take a walk through the neighborhood; sit on the lanai and listen to the birds singing or get in the garden and pull some weeds! One of the best things we can do for our well-being is to get away from the tv's and gadgets and soak up some Vitamin D! Go ahead, you can do it!