

CENTRAL UNION CHURCH

A UNITED CHURCH OF CHRIST 'OHANA

"We Engage and Embrace ALL as we seek to Embody Christ!"



JULY 5, 2026

7 AM SERVICE

SIXTH SUNDAY AFTER PENTECOST • COMMUNION SUNDAY

ATHERTON MEMORIAL CHAPEL

Harp Prelude

Foggy Dew

Irish Flower Duet
/arr. Glenda Clwyd

Flower Duet

arr. Glenda Clwyd

Sonatina in Classic Style

Samuel O. Pratt

THE COMMUNITY GATHERS...

From many places we gather here. This is a high point of our week. We see our friends. We make new friends. And we spend time with the loving Christ who meets us where we are, as we are. In this Sanctuary we worship, and through worship the courage within us is kindled to inspire courageous living beyond this place.

Welcome and Announcements

The Rev. Rushan Sinnaduray

* Sharing Aloha

Call to Worship *(responsively)*

Mike Young

One: The world tells us our worth is found in our work, our hustle, and our constant productivity.

Many: **But Christ calls us to a different rhythm—a rhythm of rest and renewal.**

One: Come to me, says Jesus, all you who are weary and carrying heavy burdens.

Many: **We bring our exhaustion, our anxieties, and our endless to-do lists.**

One: Take my yoke upon you and learn from me, for my burden is light.

Many: **We come to resist the pressure to do it all, and to receive the grace of holy rest.**

One: Let us worship the God of the journey and the Lord of the feast!

Many: **Let us worship God together! Let us worship the God who sets us free!**

* Opening Hymn

All Creatures of Our God and King

No. 356

*** Prayer of Invocation** (*in unison*)

Mike Young

God of Holy Sabbath, we enter this space carrying the heavy weights of a culture that demands constant motion and absolute certainty. We confess that we often tie our identity to our output, forgetting that we are already loved just as we are. Quiet our minds and slow our racing thoughts today. Help us to accept Jesus' radical invitation to sit down, breathe deeply, and find rest for our souls. Teach us the holy art of resistance through resting. May your Holy Spirit untangle us from the trap of perfectionism and fill us with the liberating peace that only you can give. We pray this in the name of Jesus Christ, our rest and our refuge. Amen.

TO HEAR GOD'S WORD...

Scripture

Matthew 11:16-19, 25-30

Mike Young

Harp Music for the Day

Brother James' Air

arr. Janet Witman

Sermon

BEYOND BELIEF:
REST THAT SETS US FREE

Rev. Sinnaduray

Hymn of Reflection

We Are Many, We Are One

**We are many, we are one, and the work of Christ is done
when we learn to live in true community,
as the stars that fill the night,
as a flock of birds in flight,
as the cluster of the grapes upon the vine;
as the branches of a tree,
as the waves upon the sea,
as the cluster of the grapes upon the vine.**

**All division is made whole when we honor every soul,
find the life of God in every you and me,
as the fingers of a hand,
as the grains that form the sand,
as the cluster of the grapes upon the vine;
as the threads upon the loom,
as a field of flowers in bloom,
as the cluster of the grapes upon the vine.**



**We will join creation's song, make a world where all belong,
build as one in peace and loving harmony,
as the voices of a choir,
as the flames within a fire,
as the cluster of the grapes upon the vine;
as the snowflakes in the snow,
as the colors of a bow,
as the cluster of the grapes upon the vine.**

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TO RESPOND IN FAITH...

Prayers for Ourselves and Others

Rev. Sinnaduray

The Lord's Prayer (*in unison*)

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our debts as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory forever. Amen.

Holy Communion

*We practice open communion here at Central Union Church, which means that **all** are welcome to gather at Christ's table and to share in this meal – a symbol of our connectedness to each other, to all of creation and to God. If you have questions about the ingredients of our gluten-free bread, please ask us!*

Communion Music

Prayer of Thanksgiving (*in unison*)

We give thanks that we have gathered together in this sacred place, and been refreshed at this table. We rejoice in the giftedness of each person here. We are grateful for who we are for each other. May we go forth into the world in courage and peace to share the unfailing love that we have experienced in this meal. Amen.

AND GO FORTH IN LOVE.

God's love cannot be contained within the walls of this Sanctuary.

Take the love of Christ from this place into your homes, neighborhoods, and communities.

* **Hymn** *Love Divine, All Loves Excelling* No. 558

* **Closing Prayer** (*in unison*) Rev. Sinnaduray

Glory to God, whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

(Adapted from Ephesians 3:20-21)

* **Benediction** Rev. Sinnaduray

* **Congregational Response**

**Christ beside us, Christ before us, Christ behind us—king of our hearts;
Christ within us, Christ below us, Christ above us—never to part.**

Organ Postlude *America, the Beautiful* S. Ward

Our WORSHIP is ended...our SERVICE now begins.

*Please rise in body and/or spirit.

Constance Uejio, harp and organ

*Today's flowers have been arranged by **Dona Hanaike**, with assistance from **Susie Field**. They have been provided by the **Frances Kay Brossy Memorial Flower Fund** in memory of **Frances Kay Brossy**, a faithful and active member of Central Union Church who loved life and loved flowers.*

LEARNING TREE: EBOLA, An Update

You're invited to a special Learning Tree gathering on **Sunday, July 12th, at 10 AM**, in the **Women's Building!** Join us as our own Joe Elm, a medical scientist, gives us an update regarding Ebola. All are welcome.



WE'D LOVE TO HAVE YOU JOIN OUR LECTOR/READER MINISTRY!



If you are interested in reading in a worship service, please join our pool of readers! We are always in need. To learn more and/or to sign up, use this QR code or type this link into your browser: bit.ly/readcuc.

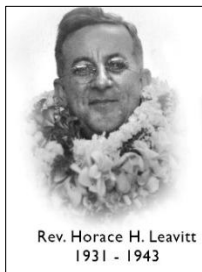
ORDER A NAME TAG FOR CHURCH



All who regularly come to worship are eligible for a name tag which will help our fellow church members and staff to put names and faces together! Once the name tags are made, they will be available at your preferred Sunday worship service for you to wear while at church. Please place an order online at bit.ly/cucnametag or contact Kristen Young at (808) 440-3014.



FROM THE CUC ARCHIVES...



The Reverend Horace H. Leavitt, Central Union's 17th Senior Minister, is the latest addition to the Central Union history website, cuchistory.org. Located under “Central Union Ministers” on the site. Senior Minister Rev. Horice Leavitt (1931-1943) smoothly lead Central Union through the most challenging times, starting with the **Great Depression**, a severe global economic downturn from 1929 to 1939. The period was characterized by high rates of unemployment and poverty. People didn’t have food or work. Speak to our grandparents for heart wrenching stories. During this time his accomplishments included the formation of the Women’s League (1934), the construction of the first Women’s Building (1935), and the original Parish Hall (1937). After the attack on Pearl Harbor, Rev. Leavitt and Central Union Church members stepped up by providing temporary homes for more than a hundred people left homeless. Our Great Lawn became a **victory garden** for all. During the nighttime blackouts, following the attack, Central Union provided moonlight evening organ concerts with the programs printed in **luminous** ink. For more info, contact CUC Historian, Karl Hedberg: historian@centralunionchurch.org.

SAY IT WITH FLOWERS

If you would like to commemorate a birthday, anniversary or other occasion with flowers at a Sunday worship service, please contact Dona Hanaike, through Natasha at (808) 440-3004, flowers@centralunionchurch.org, or visit Dona on Sunday mornings before or after the 9:00 AM service.



CHURCH-WIDE-SUMMER-CELEBRATION-POTLUCK-PARTY



The whole Central Union ‘ohana is invited to the Parish Hall for a summer celebration **(following one combined worship service at 10 AM in the Sanctuary) on July 19!** Bring a favorite dish/side to add to the spread! So far we've got hot dogs, hamburgers, vegetarian chili, rice, and Pohnpeian fried chicken. (You can drop off your food and labeled serving utensils in the Parish Hall before the worship service.) In addition to the potluck, there will be a sundae bar in honor of National Ice Cream Day, fresh popcorn, water play outside for keiki, and fellowship for all! Come and enjoy! Friends welcome!

FLORAL ARRANGERS NEEDED



Do you have a knack for arranging flowers? Would you like to learn how the church floral arrangements are made? The CUC Flower Committee is happily welcoming new people to learn and help with the floral arrangements that can be seen in our worship spaces each Sunday. If you're interested in being part of this blossoming ministry, contact Dona Hanaike for more info: flowers@centralunionchurch.org.

VOLUNTEER WITH THE COMMUNITY MINISTRY

On the **second Tuesday of the month**, (this month, on July 14th) **between 2 and 4:30 PM**, we prepare 100 hot meals for Keauhou Shelter, and the Youth Outreach shelter in Waikiki. We could use a few extra bodies. You should come and join us! Especially anyone who could help with the delivery of the food. For more information, email **Laura Steelquist** at laura@steelhawaii.com or text her at (808) 221-0126.



WELCOME TO WORSHIP AT CENTRAL UNION CHURCH



Thank you for joining us in worship today. Your presence and participation are an important part of shaping this experience of worship for all of us. **Know that whoever you are and wherever you are in your journey of life and of faith, you are welcome here!**

If you are a guest here today, we would love for you to become a regular part of what God is doing in and through this church community. Let us know you visited today by completing this brief form here: bit.ly/cucguest, or by using this QR code,



so that we can reach out to you and welcome you to our community.

Large Print Bulletins: Large print editions of the worship bulletin are available; please let an usher know if you need one.

Nursery: A staffed Nursery is available during the **9:00 AM and 11:00 AM services**. Children, ages birth through three years, may be left in the Nursery where they will be cared for during the service.

Sunday School: We offer a Sunday School program for children, age 3 through 5th Grade, during the **9:00 AM and 11:00 AM services**. Children participate in the first part of the service and will leave for Sunday School following the Time for Keiki.

Youth Group: We offer a Youth Group for young people in grades 6 through 12. This week, the Youth will meet at **Noon** to go see *Toy Story 5* at **Ward Theatres**.

Young(ish) Adults: We have a Young(ish) Adult ministry here at CUC for Generations X, Y, Z. We gather monthly and would love to connect with you! For more information, please email youngish@centralunionchurch.org.

Our Ministers are Every One of Our Members!
Senior Minister, The Rev. A. Rushan Sinnaduray

Please note: By attending events on campus, you may be included in photos and videos recorded by church representatives. Your presence grants your permission to be in these photos or videos, which may be used for communications or archival purposes. If you do not wish to be photographed or included in communications, you may let a church representative know. Mahalo!

Central Union Church — A United Church of Christ 'Ohana
Celebrating transforming lives since 1887!
"We Engage and Embrace ALL as we seek to Embody Christ!"
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